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| **Subject Title** | Sport Extended Certificate Level 3 (y13) | | | | | |
| **Course Code** |  | **Exam board** | Pearson | **Qualification**  (GCSE, A-Level, BTEC etc.) | | BTec |
| **Units covered satisfactorily** | Unit 2:  A. Examine lifestyle factors and their effect on health and well-being.  B. Understand the screening processes for training programming.  D. Examine training methods for different components of fitness.  E. Understand training programme design. | | **Units NOT covered satisfactorily** | | Unit 2:  C. Understand programme-related nutritional needs | |
| **Your final grade will be informed through an assessment of evidence from:** | | | | | | |
| **Primary source (details of the exam / portfolio et)** | | | | | | |
| The primary source of evidence will be:   * 2hr exam * This exam will follow the same style of questioning as the normal exam, 1 x 14 mark question, 2 x 12 mark question, 1 x 8 mark question and 1 x 6 mark question. Total value of the exam is 52 Marks. * This will contribute 100% to the final grade for Unit 2.   We have decided to use an exam that mimics a real paper as much as possible as this is the fairest way assess the students. In addition, we have selected these units of study to examine as they are the units which we have spent the most amount of time studying throughout year 13. | | | | | | |
| **Secondary source (details of data from assessments and tests)** | | | | | | |
| Secondary data which will be incorporated will be:   * N/A | | | | | | |
| **Other relevant sources (any other assessments which may be relevant to the final grade)** | | | | | | |
| * c/w – unit 4 and unit 7 * claimed grades for unit 1   Content covered  360 credits needed - 4 units of which 3 are mandatory and 2 are external. Mandatory content (83%). External assessment (67%).  Unit 1 – 120 credits  Unit 2 - 120 credits  Unit 3 – 60 credits  Unit 4 - 60 credits | | | | | | |